

The Runner's Burden

**Take up the runner's burden
To run with heart and soul
To test the limits of yourself
Against many foes
That extra step, the longest mile
Heart pounding all the while
To get the golden medal
And get the win for home**

**Take up the runner's burden
Many long afternoons of work
Dedication to its most
Push yourself to not shirk
On those days you dare not coast
If it hurts, hurt it more
The motto that drives our life
Through our victory, spirits soar
Achieve greatness through misery and strife**

The Cheerleader's Burden

Take up the Cheerleader's burden—
With flips and kicks all day—
Go bring your team to games
To serve the athletes need;
To lift and hold the flyer,
With smiles on your face—
The new seen crowd not chanting
Just staring, mouth agape.

Take up the Cheerleader's burden—
Much practice to attend
And hide the sore and pain
The new stunt brings each day;
Maintaining grades and clubs
No time for social life
To seek another's smile,
And place one on your face.

The Brother's Burden

Take up the brother's burden

Do your very best deed

And go the extra mile

To help a lost brother in need

O light the heavy darkness

And rebuke him when he is wild

To guide them to the steeples

And to feed a hungry child

Take up the brother's burden

In patience do abide

To shelter them from terror

And in them do confide

Help them what ill betide

And when they're in great pain

And comfort them befit

As people they will gain

The Daydreamers Burden

Take up the Daydreamers Burden

Gaze into a painting with beautiful hues,
But condition your eyes to see only black and white
To serve all other points of views

Float down from the clouds back to the crowd

Confine yourself within a box

Silenced creativity with dead lines.

Restrain your thoughts with keys and locks

Take up the Daydreamers Burden

Where the stars are much too far

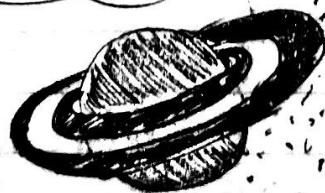
So you'll "enjoy" your stay on earth
and sadly polish the restricting bars

Something always holds you back

You feel cramped in a tiny space

Expressing a different idea is a bad idea

Your mind always floats to another place



Older Sisters

An older sister's burden

When were asked to baby sit we must

Even if the children throw a fuss.

You must care for them like their your own

Even if their love for you is not shown.

They run around like crazy cats

Sometimes they even hit you with rubber bats.

Yet your still always there for them when their hurting.

An older sister's burden

Sometimes you fight and they might even bite

But you love them with all your might.

When they need you in the middle of the night

Your there to help them with a fright.

They need help a lot

But you don't mind

Because you love them without a though.

The Aunties Burden

The Aunties Burden

*To guide the younger on the way
You're still paving the path
But keep watch, don't let her stray
Prevent her from making your mistakes
However petty they may be
She looks up to you as a sister
So if you crack, don't let her see*

The Aunties Burden

*To be her rock when times are rough
When both your worlds are falling apart
Put up a smile and tell her to be tough
You're the aunt after all
So no matter how low may be
Just stop and think about it
You love that girl, she's your niece*

The Aunties Burden

*To understand her ups and downs
Your relationship is a rollercoaster
Some days she smile, others she frowns
She's outgoing and witty, as pretty as they come
Sometimes she drives you up the wall
Where do you think she got it all from?*

Take up the farmers burden

20 extensions

Take up the farmers burden

long days are imminent

Costs and Spending Constant

Something breaks right as another is fixed

Putting Food on tables

Straining another day to earn

Just Another Dollar

Take up the farmers burden

Worries For winter

Will I make it through

Will I have what it takes

To put Food on my table

and put Food on millions

of others tables

Take up the farmers burden

hitting the high demand

Just to make a house Payment

Saving Some Extra

Just so you can have something

For Yourself

long days are imminent

Cost and Spending Constant